# Raising the Next Generation

**Research with Latino Parents and Caregivers** 

# **MARCH 2021**

CONDUCTED FOR THE ROBERT WOOD JOHNSON FOUNDATION PREPARED BY PERRYUNDEM





### BACKGROUND

The Robert Wood Johnson Foundation's vision is a Culture of Health, where everyone in America has a fair and just opportunity for health and well-being. Through its work for healthy children and families, the Foundation sponsored this national survey with diverse parents and caregivers to hear directly from them about their aspirations for their children, the challenges they face, and what enables their families to thrive. PerryUndem, with guidance from GMMB and Betty&Smith, conducted the survey and analysis.

As America rapidly evolves into a more racially and ethnically diverse country, we see the future in today's generation of children. This survey was designed to give equal voice to parents from different backgrounds. It includes parents rarely included in national studies to explore their attitudes, perceptions, and experiences. For more information about this project, please visit: *EveryFamilyForward.org.* 

### — QUALITATIVE WORK

### Qualitative work was used to inform the survey design.

#### Research methods

37 interviews with parents (<250% FPL) (February-March 2019; April-September 2020)

30 focus groups with parents (<250% FPL) (April-November 2019)

5 focus groups with service providers working with families (December 2019-January 2020)

#### **Topics covered**

Parents' optimism about their children's future

Feelings about parenting

Perceptions of inequity in America

Feelings about their neighborhoods / communities

Factors that impact children's ability to thrive

Challenges their children will likely experience

Positive experiences their children will likely have

Worries about children experiencing discrimination

Parents' experiences with discrimination

How discrimination has impacted parents' opportunities

What enables families to thrive

Reports on the qualitative work are available at *EveryFamilyForward.org*.

#### **Study participants**

Most have incomes <250% FPL (about \$54,000 for a family of three):

Alaska Native parents

Arab parents

Black parents

Chinese parents

Indian parents

Indigenous parents

Korean parents

Latino parents

LGBTQ parents

Native Hawaiian parents

Southeast Asian parents

Vietnamese parents

White parents

All participants were compensated for their participation.

#### Research conducted in...

Arabic

Cantonese

English

Korean

Mandarin

Spanish

Vietnamese

#### **Study locations**

In-person interviews and focus groups conducted in...

Albuquerque, NM

Anchorage, AK

Bismarck, ND

Buffalo, NY

Colorado Springs, CO

Fresno, CA

Honolulu, HI

Houston, TX

Irvine, CA

Newark, NJ

New York, NY

Pearl, MS

San Francisco, CA

Savannah, GA

Seattle, WA

Tulsa, OK

During COVID-19, 21 online interviews have been conducted with low-income parents living in cities, suburbs, small towns, and rural areas in...

Arizona, California, Colorado, Florida, Illinois, Louisiana, Michigan, New Jersey, New York, Ohio, and Texas

### SURVEY DETAILS

We conducted a national survey of 2,023 racially and ethnically diverse parents and caregivers raising children 0-17 years old.

The survey included roughly equal samples of Asian American Pacific Islander (417), Black (400), Indigenous (406), Latino (400) and white (400) parents and caregivers.

This report focuses on the 400 Latino parents and caregivers who participated in this survey. The sample size for this segment limits what subgroups we can analyze.

The Latino survey was offered in English and Spanish.

The margin of sampling error for the survey of Latino parents is: +/- 6.8 percentage points.

More details on the survey methodology are available on *EveryFamilyForward.org*.

# Key Findings.

# Optimism

# Eight in ten (81%) Latino parents are optimistic about the future of this country for their children, with those born outside the U.S. much more optimistic than U.S. born.

Q: Do you agree or disagree with the following statement: "I am optimistic about the future of this country for my children."

	TOTAL Agree	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Total	81	45	36	9	8
Spanish dominant	93	47	46	0	3
Born outside US	91	50	41	2	5
Moms	86	50	36	6	6
<250% FPL	82	47	35	8	8
Non-college	82	47	35	8	8
>250% FPL	82	42	39	10	7
Parents of children 0-5	80	41	39	11	9
College+	79	39	40	15	5
English dominant	77	45	32	12	10
Dads	76	40	37	12	10
US born	75	42	33	14	9

# Opportunity

But, a similar share (79%) worry that despite giving their children everything to succeed, America doesn't offer every child the same opportunities. This is especially true of moms and lower-income parents.

Q: Do you agree or disagree with the following statement: "I try to give my children everything for them to succeed, but I worry that America doesn't offer every child the same opportunities?"

	TOTAL Agree	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Total	79	49	30	9	10
Moms	87	51	36	6	6
<250% FPL	84	53	31	9	5
English dominant	80	54	26	7	12
Non-college	80	50	30	10	9
US born	79	53	27	8	12
Parents of children 0-5	79	47	32	10	9
Born outside US	79	45	34	11	8
Spanish dominant	76	37	39	15	7
College+	76	44	31	9	16
>250% FPL	71	43	28	11	18
Dads	69	47	23	14	16

# — Positive Experiences during Childhood

# Still, a majority of Latino parents feel that their children will have more opportunity to succeed and thrive than they had themselves.

Q: Now let me ask you about other experiences your children might have. How likely do you think it is that your children will experience the following during their childhood and teen years?

	TOTAL Very/ somewhat	Very likely	Somewhat likely	Not too likely	Not likely at all
More opportunity to succeed and thrive than you had	98	69	25	3	2
A safe neighborhood to grow up in	92	67	25	5	3
A quality K-12 education	91	67	24	6	3
Strong, positive role models	90	72	18	4	5
Have a chance to go to college, vocational, or trade school after high school	90	69	21	6	4
A strong social support network	83	60	23	10	6

# Challenges

A majority of Latino parents think it is likely that their children will experience bullying and racism as they grow up. And, most also feel their children will have anxiety and depression at some point.

Q: How likely do you think it is that your children are or will experience (the following/any of these) during their childhood and teen years?

	TOTAL Very/ somewhat	Very likely	Somewhat likely	Not too likely	Not likely at all
Bullying	68	30	38	18	13
Anxiety	64	25	39	22	14
Racism	56	27	29	22	22
Depression	51	24	27	29	20
Discrimination on the basis of their gender, gender identity, sex, or sexual orientation	45	22	23	23	32
Harassment and profiling by law enforcement	42	21	21	30	28
Unfair discipline from teachers/administrators	41	19	22	34	23
Gun violence	38	16	22	32	29

# — Place to Raise Children

Most Latino parents feel like their communities have places to buy healthy foods, are a good place to raise children, and have quality schools. But, many are concerned that their communities are unsafe and have brown/unsafe water.

Q: Now think about where you live, your home and community. How well does each describe where you live?

	TOTAL Very/ pretty	Very well	Pretty well	Not too well	Not well at all
Has places to buy healthy foods like fresh fruits and vegetables nearby	95	69	26	4	1
A good place to raise children	88	56	32	10	2
Has good quality schools	85	45	40	13	2
Has a good relationship between residents and law enforcement	83	48	35	13	3
Has parks, playgrounds, and safe places for outdoor activities	82	52	30	15	4
Racially and culturally mixed	80	50	30	14	5
Unsafe	39	22	17	27	32
Has brown water or unsafe water	32	21	11	16	51

# Effects of Racism and Discrimination on Children

# Half of Latino parents (48%) are concerned that racism/discrimination will limit their child's opportunities to thrive. Spanish-dominant and lower-income parents are most concerned.

Q: How concerned are you that racism and discrimination will limit your children's opportunities to get a quality education, go to college, or get a good job when they are an adult?

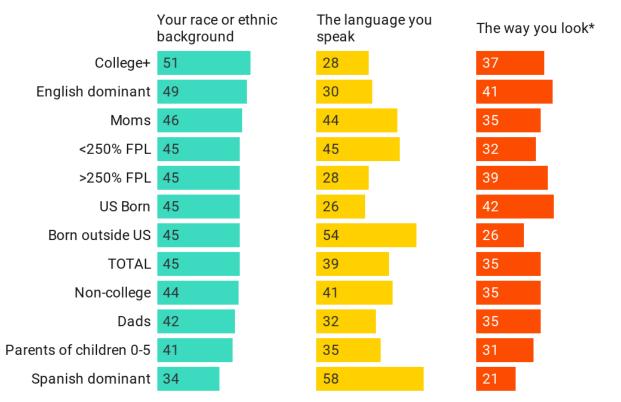
	TOTAL Very/ somewhat	Very concerned	Somewhat concerned	Not too concerned	Not concerned at all
Total	48	19	30	29	23
Spanish dominant	65	37	28	25	10
<250% FPL	59	27	32	27	14
Moms	56	21	36	27	17
Born outside US	55	29	26	30	15
Parents of children 0-5	53	24	29	28	19
Non-college	50	20	30	28	22
US born	43	10	33	28	29
English dominant	42	12	30	30	28
College+	41	15	27	31	28
Dads	39	17	22	31	31
>250% FPL	32	7	26	30	37

# Experiences with Racism and Discrimination

# More than half (54%) of Latino parents born outside the US have felt discriminated against or treated unfairly because of the language they speak.

Q: Have you ever felt discriminated against or treated unfairly because of any of the following?

PERCENT WHO SAY "YES"



Full question options: Your race or ethnic background; Your gender; Your gender identity; Your income and financial situation; You are an immigrant; Your sexual orientation; Your religious or faith belief; The language you speak; The way you look

Total MOE: +/- 6.8 percentage points

# — Effects of Racism and Discrimination

# Half of Latino parents (48%) feel like racism/discrimination has limited their opportunities, and lower-income parents are most likely to feel this way.

Q: What effect, if any, has racism or discrimination had on your opportunities in life? Has racism and discrimination...

	TOTAL A lot/ Some	Limited your opportunities a lot	Limited your opportunities some	Did not limit your opportunities
Total	48	10	39	52
<250% FPL	56	14	42	44
Parents of children 0-5	51	13	38	49
Moms	51	9	42	49
Born outside US	50	6	43	50
English dominant	49	10	39	51
Non-college	49	10	39	51
US born	48	12	35	52
College+	46	9	38	49
Spanish dominant	46	8	38	55
Dads	45	10	34	55
>250% FPL	37	3	34	63

# Systemic Racism

Three-quarters (73%) of Latino parents say that racism/discrimination can make it harder for someone like them to get a good paying job or get good medical care. Lower-income and those born outside of the US are even more likely to agree.

Q: Do you agree or disagree with the following statement: "Systemic racism and discrimination can make it harder for someone like me to get a good paying job, live in a safe community, attend quality schools, and get good medical care."

	TOTAL Agree	Strongly agree	Somewhat agree	Somewhat disagree	Strongly disagree
Total	73	38	35	13	14
Spanish dominant	80	37	43	15	5
Moms	79	39	40	11	10
<250% FPL	79	42	36	12	9
Born outside US	78	40	38	14	8
Parents of children 0-5	76	39	37	11	12
Non-college	73	38	36	13	14
College+	69	39	30	13	17
English dominant	69	38	31	12	18
US born	68	36	32	12	20
Dads	64	36	28	16	20
>250% FPL	63	31	32	15	23

# — Emotions

Nine in ten (91%) Latino parents frequently feel lucky to be a parent, and most feel they are providing their children with everything they need to be successful, and are supported by family and friends.

Q: As a parent or guardian of a child, how often do you feel \_\_\_\_\_. Would you say frequently, sometimes, hardly ever, or never?

	TOTAL Frequently/ sometimes	Frequently	Sometimes	Hardly ever	Never
That you provide your children with everything they need to be successful in life	98	72	26	2	0
Lucky to be a parent	97	91	6	2	1
Supported by family and friends	91	60	31	5	4
That you don't have enough time for your family	77	30	47	17	7

# — Factors to Thrive

Latino parents feel a strong work ethic, creative problem-solving, as well as feeling they have the power to change their situation, are very important in helping families get through hard times.

Q: How important is each of the following in helping your family get through hard times and to succeed:

	TOTAL Very/ somewhat	Very important	Somewhat important	Not too important	Not important at all
A strong work ethic	99	87	12	1	0
Creativity in how you solve problems	97	79	18	1	2
A feeling you have the power to change your family's situation	96	76	20	3	1
A willingness to ask for help when you need it	92	69	23	6	2
Family and friends nearby who can help out	89	63	26	9	2
Cultural traditions you share as a family and with others	86	56	30	12	2
Strong faith and spiritual beliefs	81	58	23	10	8
Close connections to neighbors and others in your community	81	45	36	15	4

For more information or further details about this project, visit EveryFamilyForward.org.